

## COVID-19 PCR TESTING GUIDANCE FOR MIGRANT WORKERS

COVID-19 testing is critical to identify cases and prevent further spread.

An estimated 900+ migrant workers from Nicaragua and South Africa are working for local farmers across the state. The season will be ending between October and December for a majority of these employees, and they will be leaving to their home countries. Each country is requiring a negative COVID-19 PCR test in order to board a flight from the USA to their respective country. See below for requirements by country:

- Nicaragua: Test must be performed and resulted within 72 hours of the international flight. The individual must send the result report to the Nicaraguan Government for approval 36 hours before the flight.
- South Africa: Test must be performed and resulted within 72 hours of the international flight.

Please reach out to your local public health, Federally Qualified Health Center, or select pharmacies to schedule an appointment for testing. Keep in mind that these facilities can only test during the week. Please do not plan your flight on a Tuesday or Wednesday, as the test would have to take place over the weekend. It is not recommended to get tested at a mass testing event, as it is unlikely that the test will be resulted in 72 hours.

A list of facilities that are accepting appointments for H2A visa holders can be found at [International Travel Testing and Results page](#).

The facility's courier, migrant worker, or employer should plan to transport the test back to the Bismarck lab immediately; the earlier in the day the better. The ND State lab is located at 2635 E Main Ave. Bismarck, ND 58501.

**Results:** If the individual has access to an email, the facility can send the result report pdf to them as soon as it is done. If the individual needs the results sent to someone else, they will need to fill out a [Patient Release of Information](#) form and provide contact information. Please call the facility that performed the test to request the result report. If it is an evening or weekend, [request the report](#) on the ND Department of Health website.

Please call the NDDoH hotline at 1-866-207-2880 from 8 a.m. to 5 p.m. - Monday through Saturday with questions.