

I WAS TESTED POSITIVE FOR COVID-19, NOW WHAT?

STAY HOME AND ISOLATE¹ FOR 5 DAYS

Do you have COVID-19 symptoms?

My symptoms
are getting
worse².

I developed
symptoms
during
isolation.

My symptoms
are improving
or gone.

I never had
symptoms.

Start your 5
day Isolation
period over,
starting on the
day you
developed
symptoms.

Have you had a fever in
the last 24 hours
without the use of fever
reducing medicine?

YES

NO

Did you get
tested again on
day 5 or later?

YES

NO

Continue to
stay home and
isolate for up
to 10 days or
until³...

- You have no symptoms
- OR
- Your symptoms begin to improve
- AND
- Until 24 hours after your last fever without the use of fever reducing medicine

My test was
POSITIVE
Continue to
isolate for the
entire 10 days⁴.

My test was
NEGATIVE

After at least 5 days in isolation...

- You may leave your home
- You **MUST** continue to wear a well-fitted MASK when you are around others for 5 more days

¹ Isolation:

Isolation is used to separate people with confirmed or suspected COVID-19 from those without COVID-19. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, or wear a well-fitting mask when they need to be around others. People in isolation should stay in a specific "sick room" or area and use a separate bathroom if available.

² If Your COVID-19 Symptoms are Getting Worse:

Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone
- *This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.
- Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

³ Ending isolation for people who were severely ill with COVID-19 or have a weakened immune system (immunocompromised):

People who are severely ill with COVID-19 (including those who were hospitalized or required intensive care or ventilation support) and people with compromised immune systems might need to isolate at home longer. They may also require testing with a viral test to determine when they can be around others. CDC recommends an isolation period of at least 10 and up to 20 days for people who were severely ill with COVID-19 and for people with weakened immune systems. Consult with your healthcare provider about when you can resume being around other people.

⁴ If you are a Health Care Worker who Tested Positive for COVID-19:

If you are a health care worker and tested positive for COVID-19 there may be different guidance that applies to you. Please talk with your employer to determine isolation guidance.