

# North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results

(Including breakdowns by region and urban/rural)

## Background Information

The Youth Risk Behavior Survey (YRBS) was developed by the Division of Adolescent and School Health (DASH), National Center for Chronic Disease Prevention and Health Promotion, and the Centers for Disease Control and Prevention (CDC) in collaboration with several representatives from state and local health education agencies and other federal agencies.

The YRBS is designed to focus on behaviors related to the leading causes of death and disability among youth and young adults and to assess how these risk behaviors change over time.

It is a self-reporting survey to measure priority health-risk behaviors that fall mainly into eight categories:

- Unintentional injuries and violence
- Tobacco use
- Alcohol and other drug use
- Sexual behaviors (*that result in HIV infection, other sexually transmitted diseases (STDs), and unintended pregnancies*)
- Dietary behaviors
- Physical activity
- Social capital (*connections with others*)
- Other health factors

These behaviors are often established during youth and extend into adulthood and are frequently interrelated.

The YRBS and Youth Tobacco Survey (YTS) are conducted biannually in the late winter/early spring of odd years. Therefore, this study will be conducted again in the late winter/early spring of 2021, 2023, 2025, etc. **To avoid the risk of overburdening your teachers and students with surveys, we strongly recommend you encourage the schools in your area to reserve January and February of odd years for conducting the YRBS and YTS only!**

## North Dakota Statewide Results, Limitations, and Contact Information

### Statewide Results & Limitations

The statewide data is collected by randomly selecting school buildings, as well as classes within each building. Given that these schools/classes were selected at random and a high participation rate was achieved, the CDC was able to generate weighted data that is highly representative of all middle school students (Grades 7-8) from eligible<sup>1</sup>, public middle schools in the state of North Dakota. Therefore, **the statewide results do not have any limitations and can be used to (1) project the results to all public middle school students and (2) compare changes in results from one survey year to another.**

### Contact Information for the Statewide Results

The 2019 Middle School Youth Risk Behavior Survey (YRBS) results are available on the Department of Public Instruction's Safe and Healthy Schools website at: <https://www.nd.gov/dpi/districtschools/safety-health/youth-risk-behavior-survey>

If you have any questions about the statewide YRBS information or desire additional information, please feel free to contact:

Robin Lang  
YRBS Data Manager  
ND Department of Public Instruction  
Email: [roclang@nd.gov](mailto:roclang@nd.gov)  
Telephone: 701-328-2265

<sup>1</sup> During the 2018-2019 school year, roughly 17,414 students (Grades 7-8) attended "eligible" North Dakota public middle schools. To be eligible for the 2019 YRBS Middle School Survey, a school building was required to have at least 10 students enrolled in Grades 7-8. The North Dakota YRBS survey was completed by 8,698 middle school students (Grades 7-8) from 111 North Dakota middle schools during the late winter/early spring of 2019, of which 2,346 were students from schools/classes that were "selected" for the statewide CDC sample and 6,352 were students from schools/classes that "voluntarily" participated in the YRBS. Data from all middle school student surveys are included in the Winkelman Consulting results.

# North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results (Including breakdowns by region and urban/rural)

## Regional and Urban/Rural Results, Limitations, and Contact Information

### Regional and Urban-Rural Results & Limitations

The regional and urban-rural data apply only to those schools/classes participating in the survey during that year. We **cannot** say the results that include “voluntary” data represent all schools/students within a region or segment; we can simply say they represent mainly the schools/classes that **volunteered** to participate in the survey. Therefore, changes that occur within a region or segment from one survey year to another **may not** represent true changes in behavior within the region or segment. The changes **may** simply result because of differences between the kinds of schools/classes that chose to participate in one survey year versus another.

As was noted in the footnote on the previous page, 8,698 middle school students (Grades 7-8) participated in the 2019 North Dakota Middle School YRBS, of which 6,352 were students from schools/classes that “voluntarily” participated in the YRBS. Therefore, the vast majority of the data used for the regional and urban-rural results was not collected from randomly selected school buildings and/or classes. Given that most of these schools/classes “volunteered” to participate and were not selected at random, even though a high participation rate was achieved, Winkelman Consulting is not able to generate weighted data that is representative of all middle school students (Grades 7-8) from eligible, public middle schools in either the state or an individual region or segment. Because of this, **the regional and urban-rural data cannot be used to (1) project the results to all public middle school students in a region or segment or (2) compare changes in results for a region or segment from one survey year to another. Also, noticeable differences may be seen between the results for a region/segment and the statewide data simply because the students from schools/classes that completed “voluntary” YRBS surveys are more (or less) likely to have a certain behavior than the “average” student represented by the random, weighted, representative statewide data.**

### Contact Information for the Regional and Urban-Rural Results

If you have any questions about the enclosed regional or urban-rural results or desire additional detail, please feel free to contact:

Mark Winkelman  
Winkelman Consulting  
Email: MRWinkelman@gmail.com  
Mobile: 701-799-0877  
Office: 701-237-2283

## School Results, Limitations, and Contact Information

### Parameters for School Results

Schools that met the requirements<sup>2</sup> received a similar report that included their 2019 YRBS middle school (Grades 7-8) results. To receive results for an individual question, however, three or more students from the school must have reported the behavior being measured by that question.

### Contact Information for School Results

If any schools have any questions about their school results or desire additional analysis (tables by grade/gender<sup>3</sup>, significance tests, or data weighting as noted in the footnotes below), please feel free to have them contact Mark Winkelman at Winkelman Consulting (see the contact information above).

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<sup>2</sup> Due to federal and state confidentiality requirements, YRBS middle school (Grades 7-8) results will be provided only to schools that both requested the larger “voluntary” sample and returned at least 10 completed middle school surveys. If your school did not participate in the larger “voluntary” sample and/or did not return at least 10 completed middle school surveys, they will not receive middle school results for their school. However, they can still access the 2019 North Dakota Statewide Middle School YRBS results on the Department of Public Instruction’s Safe and Healthy Schools website (<https://www.nd.gov/dpi/districtschools/safety-health/youth-risk-behavior-survey>).

<sup>3</sup> To receive additional analysis by grade, gender, etc. for a minimal fee, there must be at least 10 countable surveys in each grade segment, gender segment, etc.

# North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results

(Including breakdowns by region and urban/rural)

## Format, Question Order, Abbreviations & a Reminder Related to “Voluntary” Data

At the end of each question (or calculated variable) on the following pages, we have provided both a ND [NDMqn# (or NDMqnname)] and a CDC [CDC QN# (or CDC QNname)] question number or variable name. The ND question number indicates the question number as it appeared on the 2019 North Dakota Middle School (Grades 7-8) YRBS questionnaire. The CDC question number (or variable name) indicates the question number or variable name assigned to the question (or variable) by the CDC. Please note that the results on the following pages are listed in an order similar to that in which the statewide results will be presented on the Department of Public Instruction website.

Remember, when looking at the Region or Urban-Rural data, please note that we cannot say the results that include “voluntary” data represent all schools/students within a region or segment; we can simply say they represent mainly the schools/classes that volunteered to participate in the survey. Therefore, changes that occur within a region or segment from one survey year to another may not represent true changes in behavior within the region or segment. The changes may simply result because of differences between the kinds of schools that chose to participate in one survey year versus another.

Prior to 2013, Department of Human Services regions were used for the regional results. Beginning in 2013, however, YRBS stakeholders decided to use Regional Education Association (REA) regions for the regional results. Therefore, the Region/Urban-Rural data is presented for the following categories:

- Regional Education Association (REA) regions (<http://www.ndrea.org/index/REAWebsites.html>)
  - Central Region Education Association (CREA): Bismarck-Mandan-Minot Area
  - Great Northwest Education Cooperative (GNWEC): Williston Area
  - North Central Education Cooperative (NCEC): Bottineau-Rugby Area
  - Northeast Education Services Cooperative (NESC): Devils Lake Area
  - Roughrider Education Services Program (RESP): Dickinson Area
  - Red River Valley Education Cooperative (RRVEC): Grand Forks Area
  - South East Education Cooperative (SEEC): Fargo-Jamestown Area
  - Schools that are not a member of a REA: No defined area
    - **NOTE:** Because of the small number of Non-REA school districts that participated in this study, no results are provided for Non-REA school districts.
- Urban-Rural categories
  - Urban Towns: 1,000 or more students in grades K-12 within the community
  - Rural Towns: Less than 1,000 students in grades K-12 within the community

The last page of this report provides a list of Regional Education Associations and their member school districts (as listed on their websites on December 11, 2019). For more information on school district membership for each Regional Education Association (REA) and other resources, please refer to the following websites:

- <http://www.ndrea.org>
- Map: <http://www.ndrea.org/index.php?id=3>
- Contact Information: <http://www.ndrea.org/index.php?id=7>

## CDC Changes to 2019 YRBS Variable Names, Calculations and Descriptive Text

When reviewing the 2019 YRBS results, please note that, in some years, CDC made many changes to (1) the names (variable labels) it assigned to variables, (2) the manner in which results for a variable were calculated, and/or (3) the text used to describe the context for the results of a question. This will make it difficult for a school (if not impossible) to easily make direct apples-to-apples comparisons to their YRBS results from previous survey years. **Therefore, in roughly four to eight weeks, Winkelman Consulting will send each participating school a second YRBS report that re-analyzes all of their past data using CDC’s 2019 analysis parameters.** This will make it very easy for each participating school to identify the changes in their 2019 YRBS results compared to previous survey years. If there is anything else we can do to assist you (or a school in your area) in better understanding and analyzing current and past YRBS results, feel free to contact Winkelman Consulting at any time!

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Unintentional Injuries and Violence**

Safety & Injury Prevention	CDC North Dakota Results	Winkelman Consulting Results								
		<u>CREA</u> Bismarck-Mandan-Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau-Rugby Area	<u>NESC</u> Devils Lake Area	<u>RESP</u> Dickinson Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo-Jamestown Area	<u>Urban</u> Towns	<u>Rural</u> Towns
Question										
Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle) (NDMqn7, CDC QN6)	<b>79.5%</b>	75.5%	86.5%	89.7%	90.7%	84.0%	75.0%	75.8%	73.4%	88.8%
Percentage of students who never or rarely wore a seat belt (when riding in a car) (NDMqn8, CDC QN8)	<b>5.5%</b>	4.4%	6.9%	7.4%	7.9%	5.1%	3.7%	3.4%	3.9%	6.1%
Percentage of students who rode with a driver who had been drinking alcohol (in a car) (NDMqn9, CDC QN9)	<b>23.2%</b>	22.5%	26.0%	29.3%	30.9%	25.0%	20.0%	20.1%	19.6%	29.1%

Violence	CDC North Dakota Results	Winkelman Consulting Results								
		<u>CREA</u> Bismarck-Mandan-Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau-Rugby Area	<u>NESC</u> Devils Lake Area	<u>RESP</u> Dickinson Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo-Jamestown Area	<u>Urban</u> Towns	<u>Rural</u> Towns
Question										
Percentage of students who reported someone did sexual things to them that they did not want to do by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them (during the 12 months before the survey) (NDMqn10, CDC QN50)	<b>8.0%</b>	8.4%	9.4%	10.5%	11.3%	13.3%	7.3%	6.6%	8.1%	9.0%

Bullying or Harassment	CDC North Dakota Results	Winkelman Consulting Results								
		<u>CREA</u> Bismarck-Mandan-Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau-Rugby Area	<u>NESC</u> Devils Lake Area	<u>RESP</u> Dickinson Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo-Jamestown Area	<u>Urban</u> Towns	<u>Rural</u> Towns
Question										
Percentage of students who were bullied on school property (NDMqn11, CDC QN12)	<b>39.8%</b>	42.0%	46.8%	46.8%	42.2%	48.0%	34.9%	35.8%	37.9%	44.8%
Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media) (NDMqn12, CDC QN13)	<b>25.0%</b>	25.3%	27.9%	30.4%	28.9%	32.9%	19.9%	23.2%	23.5%	28.5%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Unintentional Injuries and Violence**

Injury to Oneself & Suicide	CDC North Dakota Results	Winkelman Consulting Results								
		<u>CREA</u> Bismarck-Mandan-Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau-Rugby Area	<u>NESC</u> Devils Lake Area	<u>RESP</u> Dickinson Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo-Jamestown Area	<u>Urban</u> Towns	<u>Rural</u> Towns
Question										
Percentage of students who seriously thought about killing themselves (NDMqn14, CDC QN14)	22.1%	24.4%	28.3%	24.5%	29.5%	28.6%	19.1%	18.9%	22.3%	24.3%
Percentage of students who made a plan about how they would kill themselves (NDMqn15, CDC QN15)	15.7%	17.3%	19.9%	16.6%	19.8%	21.5%	12.6%	13.8%	16.0%	16.7%
Percentage of students who tried to kill themselves (NDMqn16, CDC QN16)	10.3%	9.5%	14.5%	10.7%	16.4%	11.3%	7.0%	7.8%	9.5%	10.0%

**Tobacco Use**

Cigarettes	CDC North Dakota Results	Winkelman Consulting Results								
		<u>CREA</u> Bismarck-Mandan-Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau-Rugby Area	<u>NESC</u> Devils Lake Area	<u>RESP</u> Dickinson Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo-Jamestown Area	<u>Urban</u> Towns	<u>Rural</u> Towns
Question										
Percentage of students who ever tried cigarette smoking (even one or two puffs) (NDMqn17, CDC QN17)	10.9%	11.2%	17.9%	16.8%	28.0%	15.5%	7.8%	7.7%	9.9%	15.9%
Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey) (NDMqn18, CDC QN19)	3.6%	2.9%	5.0%	6.3%	11.1%	5.8%	2.3%	2.1%	2.9%	5.4%
Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey) (NDMqnfrcig, CDC QNFRCIG; calculated using NDMq18, CDC Q19)	0.3%	0.1%	1.1%	1.3%	2.4%	0.8%	0.3%	0.3%	0.4%	0.8%
Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey) (NDMqndaycig, CDC QNDAYCIG; calculated using NDMq18, CDC Q19)	0.2%	0.1%	0.8%	0.9%	2.1%	0.8%	0.2%	0.3%	0.3%	0.6%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
*(Including breakdowns by region and urban/rural)*

**Tobacco Use**

<b>Electronic Vapor Products</b>	<b>CDC North Dakota Results</b>	<b>Winkelman Consulting Results</b>								
		<b><u>CREA</u> Bismarck-Mandan-Minot Area</b>	<b><u>GNWEC</u> Williston Area</b>	<b><u>NCEC</u> Bottineau-Rugby Area</b>	<b><u>NESC</u> Devils Lake Area</b>	<b><u>RESP</u> Dickinson Area</b>	<b><u>RRVEC</u> Grand Forks Area</b>	<b><u>SEEC</u> Fargo-Jamestown Area</b>	<b><u>Urban</u> Towns</b>	<b><u>Rural</u> Towns</b>
<b>Question</b>										
Percentage of students who ever used an electronic vapor product (NDMqn19, CDC QN21)	<b>20.4%</b>	20.0%	31.5%	24.6%	31.6%	25.2%	16.3%	15.6%	19.6%	22.1%
Percentage of students who currently used an electronic vapor product (on at least 1 day during the 30 days before the survey) (NDMqn20, CDC QN22)	<b>10.3%</b>	8.8%	16.4%	13.6%	17.6%	12.2%	6.3%	7.4%	9.4%	10.4%
Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) (NDMqnfrevp, CDC QNFREV; calculated using NDMqn20, CDC QN22)	<b>1.2%</b>	1.0%	3.1%	1.7%	1.6%	1.9%	0.7%	1.0%	1.2%	1.4%
Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey) (NDMqndayevp, CDC QNDAYEVP; calculated using NDMqn20, CDC QN22)	<b>0.6%</b>	0.7%	1.3%	0.9%	0.7%	1.0%	0.3%	0.5%	0.6%	0.7%
Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products) (NDMqn21, CDC QN23)	<b>2.9%</b>	4.5%	1.0%	1.3%	3.1%	1.4%	1.3%	2.7%	2.3%	3.1%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Tobacco Use**

Other Tobacco  Question	CDC North Dakota Results	Winkelman Consulting Results								
		<u>CREA</u> Bismarck- Mandan- Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau- Rugby Area	<u>NESC</u> Devils Lake Area	<u>RESP</u> Dickinson Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo- Jamestown Area	<u>Urban</u> Towns	<u>Rural</u> Towns
Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey) (NDMqntb5, CDC QNTB5; calculated using NDMq18, CDC Q19 & NDMq20, CDC Q22)	<b>11.8%</b>	10.2%	18.1%	16.2%	22.4%	13.7%	7.4%	8.1%	10.6%	12.5%
Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey) (NDMqntb4, CDC QNTB4; calculated using NDMq18, CDC Q19; NDMq20, CDC Q22; NDMq22, CDC Q24; & NDMq23, CDC Q25)	<b>12.9%</b>	11.0%	19.5%	16.9%	22.8%	14.7%	7.7%	8.6%	11.3%	13.1%
Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey) (NDMqntb3, CDC QNTB3; calculated using NDMq18, CDC Q19; NDMq22, CDC Q24; & NDMq23, CDC Q25)	<b>5.6%</b>	4.5%	7.2%	7.2%	12.3%	7.7%	2.9%	3.1%	4.1%	6.6%
Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey) (NDMqntb2, CDC QNTB2; calculated using NDMq18, CDC Q19 & NDMq23, CDC Q25)	<b>4.5%</b>	3.7%	6.5%	6.7%	11.8%	7.0%	2.5%	2.6%	3.6%	6.0%
Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey) (NDMqn22, CDC QN24)	<b>2.6%</b>	1.9%	3.4%	1.8%	3.4%	3.1%	1.0%	1.3%	1.5%	2.5%
Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey) (NDMqn23, CDC QN25)	<b>2.2%</b>	1.8%	4.2%	1.6%	4.6%	4.0%	1.0%	1.2%	1.8%	2.5%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Alcohol and Other Drug Use**

<b>Alcohol</b>		<b>Winkelman Consulting Results</b>								
<b>Question</b>	<b>CDC North Dakota Results</b>	<b>CREA Bismarck-Mandan-Minot Area</b>	<b>GNWEC Williston Area</b>	<b>NCEC Bottineau-Rugby Area</b>	<b>NESC Devils Lake Area</b>	<b>RESP Dickinson Area</b>	<b>RRVEC Grand Forks Area</b>	<b>SEEC Fargo-Jamestown Area</b>	<b>Urban Towns</b>	<b>Rural Towns</b>
Percentage of students who ever drank alcohol (other than a few sips) (NDMqn24, CDC QN26)	<b>22.5%</b>	22.9%	30.5%	26.2%	32.4%	31.6%	16.2%	17.6%	19.2%	28.5%
Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips) (NDMqn25, CDC QN27)	<b>8.2%</b>	8.0%	8.7%	8.7%	6.1%	13.0%	4.9%	6.7%	6.9%	8.7%
Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey) (NDMqn26, CDC QN52)	<b>9.0%</b>	8.8%	12.0%	9.1%	12.5%	11.4%	5.8%	7.7%	7.7%	10.7%
Percentage of students who ever had 5 or more drinks of alcohol in a row (within a couple of hours) (NDMqn27, CDC QN53)	<b>10.0%</b>	8.6%	13.7%	11.2%	15.8%	13.0%	5.4%	7.8%	7.6%	12.4%

  

<b>Marijuana</b>		<b>Winkelman Consulting Results</b>								
<b>Question</b>	<b>CDC North Dakota Results</b>	<b>CREA Bismarck-Mandan-Minot Area</b>	<b>GNWEC Williston Area</b>	<b>NCEC Bottineau-Rugby Area</b>	<b>NESC Devils Lake Area</b>	<b>RESP Dickinson Area</b>	<b>RRVEC Grand Forks Area</b>	<b>SEEC Fargo-Jamestown Area</b>	<b>Urban Towns</b>	<b>Rural Towns</b>
Percentage of students who used marijuana (one or more times during their life) (NDMqn28, CDC QN54)	<b>8.5%</b>	7.5%	16.6%	13.9%	23.5%	12.0%	4.9%	5.1%	8.2%	10.3%
Percentage of students who tried marijuana for the first time before age 11 years (NDMqn29, CDC QN29)	<b>2.0%</b>	2.1%	3.7%	3.6%	6.4%	2.8%	0.9%	1.5%	2.0%	2.9%
Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana) (NDMqn30, CDC QN55)	<b>73.5%</b>	77.9%	73.9%	75.0%	93.5%	75.6%	60.6%	63.9%	73.4%	81.1%

  

<b>Other Drugs</b>		<b>Winkelman Consulting Results</b>								
<b>Question</b>	<b>CDC North Dakota Results</b>	<b>CREA Bismarck-Mandan-Minot Area</b>	<b>GNWEC Williston Area</b>	<b>NCEC Bottineau-Rugby Area</b>	<b>NESC Devils Lake Area</b>	<b>RESP Dickinson Area</b>	<b>RRVEC Grand Forks Area</b>	<b>SEEC Fargo-Jamestown Area</b>	<b>Urban Towns</b>	<b>Rural Towns</b>
Percentage of students who ever took prescription pain medication without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet) (NDMqn31, CDC QN30)	<b>6.8%</b>	6.2%	8.5%	5.5%	6.0%	8.0%	5.5%	5.6%	6.2%	6.1%
Percentage of students who have ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth") (NDMqn32, CDC QN56)	<b>0.9%</b>	1.0%	2.3%	1.1%	1.2%	2.2%	1.2%	0.9%	1.3%	1.0%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Sexual Behavior, Education and Wellness**

Sexual Behavior	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who ever had sexual intercourse (NDMqn55, CDC QN34)	5.5%	4.9%	9.5%	6.7%	6.3%	13.2%	3.6%	6.0%	6.6%	5.5%
Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse) (NDMqn56, CDC QN37)	62.1%	62.5%	62.1%	60.5%	50.0%	41.6%	61.5%	56.9%	57.4%	54.4%
Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey) (NDMqn57, CDC QN71)	4.1%	4.3%	4.0%	4.2%	3.4%	5.8%	3.2%	4.1%	4.0%	4.4%
Percentage of students who describe themselves as gay or lesbian or bisexual (NDMqn58, QN variable not calculated by CDC for CDC Q72)	8.8%	7.8%	10.5%	10.1%	11.4%	9.4%	6.7%	8.4%	8.8%	8.1%

**Dietary Behaviors**

Weight	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who described themselves as slightly or very overweight (NDMqn33, CDC QN38)	27.9%	28.4%	31.1%	34.6%	29.0%	26.5%	29.3%	27.7%	27.9%	30.7%
Percentage of students who were trying to lose weight (NDMqn34, CDC QN39)	43.1%	43.5%	47.0%	48.0%	44.9%	46.2%	40.8%	40.7%	42.9%	43.6%

Dietary Intake	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who did not eat fruit (one or more times during the 7 days before the survey) (NDMqn35, CDC QN57)	6.5%	7.7%	8.3%	7.7%	8.4%	7.4%	6.1%	6.5%	7.0%	7.7%
Percentage of students who did not eat vegetables (not counting French fries, fried potatoes, or potato chips, one or more times during the 7 days before the survey) (NDMqn36, CDC QN58)	11.2%	12.0%	13.5%	12.1%	14.1%	9.6%	14.5%	9.5%	11.8%	11.5%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Dietary Behaviors**

Meal Habits & Food Security	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who did not eat breakfast (during the 7 days before the survey) (NDMqn37, CDC QN40)	9.3%	11.1%	13.7%	11.2%	10.3%	13.9%	8.5%	8.9%	11.2%	9.0%
Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey) (NDMqnbk7day, CDC QNBK7DAY; calculated using NDMq37, CDC Q40)	42.6%	41.3%	36.6%	34.6%	33.0%	38.1%	44.0%	45.5%	42.8%	38.6%
Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey) (NDMqn38, CDC QN59)	2.6%	2.2%	3.1%	2.3%	5.9%	4.3%	3.4%	2.8%	3.0%	3.1%

**Physical Activity**

Physical Activity (continued on the next page)	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) (NDMqnpa7day, CDC QNPA7DAY; calculated using NDMq39, CDC Q41)	33.1%	31.3%	35.2%	33.0%	29.4%	38.6%	31.6%	33.6%	32.9%	32.8%
Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) (NDMqn39, CDC QN41)	60.4%	59.9%	59.7%	56.5%	53.7%	62.3%	58.9%	61.6%	59.6%	60.3%
Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) (NDMqnpa0day, CDC QNPA0DAY; calculated using NDMq39, CDC Q41)	7.0%	7.3%	10.8%	6.2%	8.5%	8.4%	7.5%	6.5%	7.7%	7.0%
Percentage of students who watched television 3 or more hours per day (on an average school day) (NDMqn40, CDC QN42)	18.6%	20.0%	25.5%	21.7%	24.2%	18.7%	20.4%	18.7%	20.3%	20.5%
Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day) (NDMqn41, CDC QN43)	49.1%	51.1%	48.1%	53.8%	54.3%	48.3%	46.9%	47.8%	48.7%	50.9%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Physical Activity**

Physical Activity (continued from the previous page)	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school) (NDMqn42, CDC QN44)	<b>86.8%</b>	89.4%	67.3%	85.7%	90.6%	83.0%	90.5%	92.6%	91.0%	82.9%
Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school) (NDMqndlype, CDC QNDLYPE; calculated using NDMq42, CDC Q44)	<b>34.9%</b>	43.5%	45.1%	47.7%	39.6%	30.8%	22.3%	28.9%	38.3%	29.7%
Percentage of students who reported that some of their classroom teachers provide short physical activity breaks during regular class time (not counting their physical education teacher) (NDMqn43, CDC QN60)	<b>25.8%</b>	28.4%	24.5%	22.5%	22.2%	17.7%	19.7%	25.0%	25.9%	21.1%

**Social Capital (Connections with Others)**

Connections with Family	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who reported their parents or other adults in their family most of the time or always ask where they are going or with whom they will be (NDMqn51, CDC QN67)	<b>79.2%</b>	80.1%	77.7%	82.9%	70.8%	79.6%	82.2%	79.6%	80.1%	78.6%
Percentage of students who would most likely talk with their parent or other adult family member about their feelings (among students who report having felt sad, empty, hopeless, angry, or anxious) (NDMqn52, CDC QN68)	<b>31.9%</b>	30.7%	28.5%	31.0%	27.8%	28.0%	31.1%	33.8%	31.0%	31.3%

Connections with People at School	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Question										
Percentage of students who participate in school activities one or more hours (such as sports, band, drama, or clubs, during an average week when they are in school) (NDMqn53, CDC QN69)	<b>76.1%</b>	76.3%	69.4%	79.9%	73.1%	74.5%	71.5%	79.4%	72.7%	81.8%
Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem (NDMqn54, CDC QN70)	<b>65.2%</b>	64.9%	53.7%	68.2%	62.8%	59.8%	64.4%	66.5%	62.8%	66.7%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Other**

<b>Academic Performance</b>		<b>Winkelman Consulting Results</b>								
<b>Question</b>	<b>CDC North Dakota Results</b>	<b>CREA Bismarck-Mandan-Minot Area</b>	<b>GNWEC Williston Area</b>	<b>NCEC Bottineau-Rugby Area</b>	<b>NESC Devils Lake Area</b>	<b>RESP Dickinson Area</b>	<b>RRVEC Grand Forks Area</b>	<b>SEEC Fargo-Jamestown Area</b>	<b>Urban Towns</b>	<b>Rural Towns</b>
Percentage of students who made mostly A's or B's in school (during the 12 months before the survey) (NDMqn6, CDC QN49)	<b>76.0%</b>	73.0%	68.3%	76.2%	63.9%	70.2%	80.0%	79.9%	75.2%	74.9%

  

<b>Oral Health</b>		<b>Winkelman Consulting Results</b>								
<b>Question</b>	<b>CDC North Dakota Results</b>	<b>CREA Bismarck-Mandan-Minot Area</b>	<b>GNWEC Williston Area</b>	<b>NCEC Bottineau-Rugby Area</b>	<b>NESC Devils Lake Area</b>	<b>RESP Dickinson Area</b>	<b>RRVEC Grand Forks Area</b>	<b>SEEC Fargo-Jamestown Area</b>	<b>Urban Towns</b>	<b>Rural Towns</b>
Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey) (NDMqn45, CDC QN61)	<b>75.6%</b>	74.7%	68.7%	70.5%	62.8%	71.4%	75.7%	79.7%	75.0%	73.8%
Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work) (NDMqnnodnt, CDC QNNODNT; calculated using NDMq45, CDC Q61)	<b>1.3%</b>	1.1%	1.8%	1.4%	1.7%	2.0%	1.4%	1.1%	1.4%	1.2%
Percentage of students who brushed their teeth on seven days (during the 7 days before the survey) (NDMqn46, CDC QN62)	<b>64.6%</b>	63.6%	67.1%	54.3%	59.0%	62.3%	62.7%	64.8%	65.3%	58.8%

  

<b>Skin Protection</b>		<b>Winkelman Consulting Results</b>								
<b>Question</b>	<b>CDC North Dakota Results</b>	<b>CREA Bismarck-Mandan-Minot Area</b>	<b>GNWEC Williston Area</b>	<b>NCEC Bottineau-Rugby Area</b>	<b>NESC Devils Lake Area</b>	<b>RESP Dickinson Area</b>	<b>RRVEC Grand Forks Area</b>	<b>SEEC Fargo-Jamestown Area</b>	<b>Urban Towns</b>	<b>Rural Towns</b>
Percentage of students who had a sunburn (counting even a small part of the skin turning red or hurting for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device, one or more times during the 12 months before the survey) (NDMqn47, CDC QN63)	<b>51.5%</b>	55.5%	47.4%	50.9%	45.1%	54.6%	53.2%	52.8%	51.4%	55.0%

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
(Including breakdowns by region and urban/rural)

**Other**

Question	CDC North Dakota Results	Winkelman Consulting Results								
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns
Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey) (NDMqn13, CDC QN51)	26.2%	28.2%	36.3%	30.2%	33.9%	29.4%	23.6%	22.6%	26.9%	27.5%
Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey) (NDMqn44, CDC QN46)	17.0%	16.7%	21.3%	21.0%	18.4%	20.4%	14.8%	15.3%	18.0%	15.1%
Percentage of students who have long-term health problem (such as asthma, epilepsy, or life-threatening allergies; 6 months or more) (NDMqn48, CDC QN64)	15.3%	16.7%	16.3%	15.8%	15.7%	17.2%	14.0%	14.5%	15.3%	15.9%
Percentage of students who reported their mental health was not good (including stress, depression, and problems with emotions, on at least 1 day during the 30 days before the survey) (NDMqn49, CDC QN65)	55.5%	57.8%	58.1%	57.2%	58.8%	56.2%	52.6%	54.0%	55.2%	57.0%
Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey) (NDMqn50, CDC QN66)	1.8%	2.1%	3.2%	2.1%	2.4%	4.8%	2.4%	2.0%	2.7%	2.0%

Question	CDC North Dakota Results	Winkelman Consulting Results									
		CREA Bismarck-Mandan-Minot Area	GNWEC Williston Area	NCEC Bottineau-Rugby Area	NESC Devils Lake Area	RESP Dickinson Area	RRVEC Grand Forks Area	SEEC Fargo-Jamestown Area	Urban Towns	Rural Towns	
48.2How old are you? (NDHq1, CDC Q1)	12 years old	20.0%	20.6%	18.0%	20.7%	19.3%	17.7%	23.1%	19.0%	20.7%	18.6%
	13 years old	48.5%	48.7%	48.2%	50.1%	47.1%	45.5%	48.5%	48.4%	48.4%	48.2%
	14 years old	30.1%	28.8%	31.7%	27.3%	29.6%	34.5%	27.0%	30.9%	29.2%	30.8%
	15 years old	0.9%	1.2%	2.0%	1.4%	3.3%	1.7%	1.1%	1.3%	1.2%	2.0%
What is your sex? (NDHq2, CDC Q2)	Female	48.2%	49.7%	50.8%	49.6%	47.5%	47.7%	47.7%	46.3%	48.0%	48.6%
	Male	51.8%	50.3%	49.2%	50.4%	52.5%	52.3%	52.3%	53.7%	52.0%	51.4%
In what grade are you? (NDHq3, CDC Q3)	7 <sup>th</sup> grade	50.5%	51.1%	48.1%	49.3%	51.0%	45.9%	52.8%	47.2%	49.7%	49.0%
	8 <sup>th</sup> grade	49.3%	48.6%	51.3%	50.5%	48.5%	53.3%	46.6%	52.6%	49.9%	50.7%
	Ungraded or other grade	0.2%	0.3%	0.6%	0.2%	0.5%	0.8%	0.6%	0.3%	0.5%	0.3%
Race/Ethnicity (NDHraceeth, CDC RACEETH calculated using NDHq4, CDC Q4 and NDHq5, CDC Q5)	American Indian or Alaska Native	12.4%	8.0%	17.3%	37.6%	34.3%	3.5%	2.8%	2.4%	7.8%	13.1%
	Asian	0.5%	0.9%	1.1%	0.5%	0.4%	1.3%	2.4%	1.6%	1.8%	0.3%
	Black or African American	5.9%	2.8%	2.5%	1.1%	0.9%	2.7%	5.5%	6.6%	5.6%	1.1%
	Native Hawaiian or other Pacific Islander	0.1%	0.6%	0.5%	0.7%	0.4%	0.3%	0.6%	0.2%	0.5%	0.4%
	White	74.1%	74.7%	57.1%	42.3%	51.0%	71.9%	73.9%	77.0%	68.4%	73.2%
	Hispanic or Latino	0.8%	0.5%	3.9%	0.4%	0.7%	2.8%	1.5%	0.5%	1.3%	0.6%
	Multiple – Hispanic	4.7%	7.1%	9.8%	7.5%	6.0%	10.8%	7.8%	6.8%	8.3%	6.2%
Multiple – Non-Hispanic	1.5%	5.5%	7.9%	9.9%	6.4%	6.8%	5.6%	4.8%	6.4%	5.1%	

**North Dakota 2019 Middle School (Grades 7-8) Statewide YRBS Results**  
*(Including breakdowns by region and urban/rural)*

**Regional Education Association (REA) Member North Dakota School Districts (as of December 11, 2019)**  
**Used for the 2019 YRBS Regional Data**

<u>CREA</u> Bismarck-Mandan-Minot Area	<u>GNWEC</u> Williston Area	<u>NCEC</u> Bottineau-Rugby Area	<u>NESC</u> Devils Lake Area	<u>RRVEC</u> Grand Forks Area	<u>SEEC</u> Fargo-Jamestown Area	<u>RESP</u> Dickinson Area	
<ul style="list-style-type: none"> <li>• Apple Creek</li> <li>• Ashley</li> <li>• Beulah</li> <li>• Bismarck</li> <li>• Bowbells</li> <li>• Carson</li> <li>• Center-Stanton</li> <li>• Dakota Memorial</li> <li>• Elgin-New Leipzig</li> <li>• Flasher</li> <li>• Garrison</li> <li>• Glenburn</li> <li>• Goodrich</li> <li>• Hazelton-Moffit-Braddock</li> <li>• Hazen</li> <li>• Kenmare</li> <li>• Kidder County</li> <li>• Lewis and Clark</li> <li>• Linton</li> <li>• Little Heart</li> <li>• Mandan</li> <li>• Manning</li> <li>• Max</li> <li>• McClusky</li> <li>• Menoken</li> <li>• Minot</li> <li>• Minot Catholic</li> </ul>	<ul style="list-style-type: none"> <li>• Napoleon</li> <li>• Naughton</li> <li>• Nedrose</li> <li>• New Salem-Almont</li> <li>• Our Redeemers Christian (Minot)</li> <li>• Sawyer</li> <li>• Selfridge</li> <li>• Solen/Cannonball</li> <li>• South Prairie</li> <li>• Standing Rock</li> <li>• Sterling</li> <li>• Strasburg</li> <li>• Surrey</li> <li>• Sweet Briar</li> <li>• Turtle Lake-Mercer</li> <li>• Underwood</li> <li>• United (Des Lacs-Burlington)</li> <li>• Velva</li> <li>• Washburn</li> <li>• White Shield</li> <li>• Wilton</li> <li>• Wing</li> <li>• Wishek</li> <li>• Zeeland</li> </ul>	<ul style="list-style-type: none"> <li>• Alexander</li> <li>• Burke Central</li> <li>• Divide County</li> <li>• District 8 (Williston)</li> <li>• Eight Mile (Trenton)</li> <li>• Grenora</li> <li>• Mandaree</li> <li>• McKenzie County</li> <li>• Nesson (Ray)</li> <li>• New Town</li> <li>• Parshall</li> <li>• Powers Lake</li> <li>• Stanley</li> <li>• Tioga</li> <li>• Williston</li> <li>• Yellowstone (East Fairview)</li> </ul>	<ul style="list-style-type: none"> <li>• Anamoose</li> <li>• Bottineau</li> <li>• Drake</li> <li>• Dunseith</li> <li>• Dunseith Day</li> <li>• Harvey</li> <li>• Little Flower Catholic (Rugby)</li> <li>• MLS Mohall (Mohall &amp; Sherwood)</li> <li>• Newburg-United</li> <li>• Ojibwa Indian (Belcourt)</li> <li>• Rugby</li> <li>• St. Ann's Catholic (Belcourt)</li> <li>• St. John</li> <li>• TGU Towner (Towner &amp; Granville)</li> <li>• Turtle Mountain (Belcourt)</li> <li>• Westhope</li> </ul>	<ul style="list-style-type: none"> <li>• Dakota Prairie</li> <li>• Devils Lake</li> <li>• Edmore</li> <li>• Fessenden-Bowdon</li> <li>• Four Winds (Ft Totten)</li> <li>• Lakota</li> <li>• Langdon</li> <li>• Leeds</li> <li>• Maddock</li> <li>• Minnewaukan</li> <li>• Mt. Pleasant (Rolla)</li> <li>• Munich</li> <li>• New Rockford-Sheyenne</li> <li>• North Dakota School for the Deaf</li> <li>• North Star</li> <li>• Oberon</li> <li>• Rolette</li> <li>• St. Alphonsus (Langdon)</li> <li>• Starkweather</li> <li>• Tate Topa (Ft Totten)</li> <li>• Warwick</li> <li>• Wolford</li> </ul>	<ul style="list-style-type: none"> <li>• Cavalier</li> <li>• Central Valley</li> <li>• Drayton</li> <li>• Emerado</li> <li>• Finley-Sharon</li> <li>• Fordville-Lankin</li> <li>• Grafton</li> <li>• Grand Forks</li> <li>• Hatton</li> <li>• Hillsboro</li> <li>• Hope-Page</li> <li>• Larimore</li> <li>• Manvel</li> <li>• May-Port CG</li> <li>• Midway</li> <li>• Minto</li> <li>• North Border</li> <li>• Northwood</li> <li>• Park River</li> <li>• St. Thomas</li> <li>• Thompson</li> <li>• Valley-Edinburg</li> </ul>	<ul style="list-style-type: none"> <li>• Barnes County North</li> <li>• Carrington</li> <li>• Central Cass</li> <li>• Circle of Nations</li> <li>• Edgeley</li> <li>• Ellendale</li> <li>• Enderlin Area</li> <li>• Fairmount</li> <li>• Fargo</li> <li>• Fort Ransom</li> <li>• Gackle-Streeter</li> <li>• Griggs County Central</li> <li>• Hankinson</li> <li>• Jamestown</li> <li>• JPII Catholic Schools Network (Fargo)</li> <li>• Kindred</li> <li>• Kulm</li> <li>• LaMoure</li> <li>• Lidgerwood</li> <li>• Lisbon</li> <li>• Litchville-Marion</li> <li>• Maple Valley</li> <li>• Mapleton</li> <li>• Medina</li> <li>• Midkota</li> <li>• Milnor</li> <li>• Montpelier</li> <li>• North Sargent</li> <li>• Northern Cass</li> <li>• Oak Grove</li> <li>• Oakes</li> <li>• Pingree-Buchanan</li> <li>• Richland</li> <li>• Sargent Central</li> <li>• St. John's Academy (Jamestown)</li> <li>• Valley City</li> <li>• Wahpeton</li> <li>• West Fargo</li> <li>• Wyndmere</li> </ul>	<ul style="list-style-type: none"> <li>• Beach</li> <li>• Belfield</li> <li>• Billings Co</li> <li>• Bowman Co</li> <li>• Dickinson</li> <li>• Glen Ullin</li> <li>• Halliday</li> <li>• Hebron</li> <li>• Hettinger</li> <li>• Killdeer</li> <li>• Lone Tree (Golva)</li> <li>• Marmarth</li> <li>• Mott-Regent</li> <li>• New England</li> <li>• Richardton-Taylor</li> <li>• Scranton</li> <li>• South Heart</li> <li>• Twin Buttes</li> </ul>