STATE OF NORTH DAKOTA
DEPARTMENT OF HEALTH

STATE HEALTH OFFICER CONFINEMENT ORDER RELATING TO DISEASE
CONTROL MEASURES TO PREVENT THE SPREAD OF 2019-nCoV/COVID-19
PURSUANT TO NORTH DAKOTA CENTURY CODE § 23-01-05(12)
ORDER # 2020-02.1

SECTION A: SUBJECT PERSONS AND QUARANTINE DURATION

ANY PERSON WHO ENTERS NORTH DAKOTA TRAVELING FROM ANOTHER
STATE OR COUNTRY, AND WHO IS NOT MERELY PASSING THROUGH, IS
SUBJECT TO IMMEDIATE QUARANTINE FOR A PERIOD OF FOURTEEN (14) DAYS
FROM THE TIME OF ENTRY INTO NORTH DAKOTA OR FOR THE DURATION OF
THE PERSON'S PRESENCE IN NORTH DAKOTA, WHICHEVER PERIOD IS
SHORTER.

ANY PERSON SUBJECT TO STATE HEALTH OFFICER CONFINEMENT ORDER #
2020-02 SHALL CONTINUE TO QUARANTINE FOR THE REMAINDER OF THE
FOURTEEN (14) DAY PERIOD SINCE ARRIVAL IN NORTH DAKOTA.

THE FOLLOWING PEOPLE ARE EXEMPT FROM THIS ORDER:

PEOPLE COMMUTING TO AND FROM NORTH DAKOTA FOR WORK OR FOR
ESSENTIAL SUPPLIES AND SERVICES.

PEOPLE ENGAGING IN OUTDOOR ACTIVITIES (E.G., WALKING, HIKING,
RUNNING, BIKING, DRIVING FOR PLEASURE, HUNTING, OR FISHING), AND
GOING TO AVAILABLE PUBLIC PARKS OR OTHER PUBLIC RECREATION LANDS,
SO LONG AS THEY REMAIN AT LEAST SIX FEET APART FROM INDIVIDUALS
FROM OTHER HOUSEHOLDS.

ESSENTIAL CRITICAL INFRASTRUCTURE WORKERS, AS DEFINED BY THE
UNITED STATES DEPARTMENT OF HOMELAND SECURITY, ARE EXEMPT FROM
THIS ORDER. A LIST OF ESSENTIAL CRITICAL INFRASTRUCTURE WORKERS IS
AVAILABLE AT THE FOLLOWING WEBSITE:


SECTION B: FINDINGS

1. The Director General of the World Health Organization has declared that the 2019-
nCoV/COVID-19 constitutes a Public Health Emergency of International Concern.
The Secretary of the U.S. Department of Health and Human Services has declared
that 2019-nCoV/COVID-19 constitutes a public health emergency.

2. On March 13, 2020, President Donald Trump issued a declaration of national
3. On March 13, 2020, Governor Doug Burgum declared a state of emergency in response to the public health crisis resulting from 2019-nCoV/COVID-19; Executive Order 2020-03 activated the State Emergency Operation Plan (SEOP), implementing appropriate response and recovery actions and future mitigation measures.

4. Both travel related cases and community contact transmission of 2019-nCoV/COVID-19 have been documented in North Dakota and are expected to continue.

5. Delay in imposing this Order would significantly jeopardize the ability of the Department of Health to prevent or limit the transmission of 2019-nCoV/COVID-19, a contagious disease, to others.

6. Increased transmission poses a substantial threat to the public health and the health care system.

7. Quarantine is necessary and the least restrictive alternative to protect and preserve the public health and to reduce the significant burden on the health care system.

8. Quarantine is authorized pursuant to N.D.C.C. 23-01-05(12).

SECTION C: PLACE OF QUARANTINE

The place of confinement for all subject persons, as defined by SECTION A, is the subject person’s home or residence, including hotels, motels, rented lodging, shelters, and similar facilities to the extent they are used for lodging.

SECTION D: REQUIREMENTS

1. You are required to remain under quarantine for the length of time specified in SECTION A and at the location specified in SECTION C.

2. While under quarantine, you must take precautions, as directed by healthcare staff and Department of Health personnel, to prevent the possible spread of 2019-nCoV/COVID-19.

3. You must cooperate with the efforts of state or local health authorities to contact other exposed people to prevent the possible spread of 2019-nCoV/COVID-19. This includes providing information regarding people you have had contact with, places you visited or traveled to, and your medical history.

4. Only immediate household members are allowed to be at the place of quarantine. No other individuals are allowed at the place of quarantine unless approved by the North Dakota Department of Health.

5. You are only authorized to leave quarantine for reasons approved by the Department of Health. Prior to leaving quarantine for an approved reason, such as
physician appointment, you must coordinate your plan with the state or local health authority.

6. If you, or any immediate household members at the place of quarantine, have any symptoms suggestive of 2019-nCoV/COVID-19 you must contact the state or local health department immediately. Symptoms may include fever, cough, shortness of breath, body aches, headache, chills, or sore throat.

7. If you, or any immediate household members at the place of quarantine, become ill or are diagnosed with 2019-nCoV/COVID-19, it is necessary for the North Dakota Department of Health to investigate and trace any persons who may have been in contact with you while you were infectious with 2019-nCoV/COVID-19. You are required to cooperate with this investigation and provide complete and true information to the investigator. This includes providing information regarding people you had contact with, places you visited or traveled to, and your medical history.

**SECTION E: FAILURE TO ADHERE TO QUARANTINE ORDER**

Notice is hereby given that a person is guilty of a class B misdemeanor if that person fails to cooperate with this order to quarantine. N.D.C.C. § 23-07.6-02(3).

Notice is further given that a person is guilty of an infraction if that person violates or fails to obey any order issued by the State Health Officer. N.D.C.C. § 23-07-21(1).

**SECTION F: STATE HEALTH OFFICER EXECUTION**

Dated this 8th day of April, 2020.

[Signature]

Mylynn Tufte, MBA, MSIM, RN
State Health Officer
North Dakota Department of Health