STATE OF NORTH DAKOTA
DEPARTMENT OF HEALTH

STATE HEALTH OFFICER CONFINEMENT ORDER RELATING TO DISEASE CONTROL
MEASURES TO PREVENT THE SPREAD OF 2019-nCoV/COVID-19
PURSUANT TO NORTH DAKOTA CENTURY CODE § 23-01-05(12)

ORDER # 2020-05

SECTION A: SUBJECT PERSONS

ALL PERSONS IN THE STATE OF NORTH DAKOTA WHO TEST, OR HAVE TESTED,

SECTION B: FINDINGS

1. The Director General of the World Health Organization has declared that the 2019-
nCoV/COVID-19 constitutes a Public Health Emergency of International Concern. The
Secretary of the U.S. Department of Health and Human Services has declared that 2019-
nCoV/COVID-19 constitutes a public health emergency.

2. On March 13, 2020, President Donald Trump issued a declaration of national emergency

3. On March 13, 2020, Governor Doug Burgum declared a state of emergency in response to
the public health crisis resulting from 2019-nCoV/COVID-19; Executive Order 2020-03
activated the State Emergency Operation Plan (SEOP), implementing appropriate response
and recovery actions and future mitigation measures.

4. Both travel related cases and community transmission of 2019-nCoV/COVID-19 have been
documented in North Dakota and are expected to continue.

5. The State Health Officer reasonably believes the subject persons are infectious as they
have tested positive for 2019-nCoV/COVID-19. Individuals who are positive for 2019-
nCoV/COVID-19 are capable of transmitting the disease to other people, even with mild
symptoms. As a result, the subject persons pose a substantial threat to the public health as
they are capable of transmitting the disease to others;

6. Increased transmission poses a substantial threat to the public health and the health care
system.

7. Isolation is necessary and the least restrictive alternative to protect and preserve the public
health and to reduce the significant burden on the health care system.

8. Delay in imposing this Order would significantly jeopardize the ability of the Department of
Health to prevent or limit the transmission of 2019-nCoV/COVID-19, a contagious disease,
to others.

9. Isolation is authorized pursuant to N.D.C.C. 23-01-05(12).
SECTION C: PLACE AND TIME OF ISOLATION

All subject persons, as defined by SECTION A, who have previously tested positive for 2019-nCoV/COVID-19, are subject to isolation immediately upon execution of this order and for at least seven days after the onset of symptoms and seventy-two (72) hours after becoming fever free and with symptom improvement.

All subject persons, as defined by SECTION A, who test positive for 2019-nCoV/COVID-19, are subject to isolation immediately upon receiving positive test results and for at least seven days after the onset of symptoms and seventy-two (72) hours after becoming fever free and with symptom improvement.

The place of confinement is the subject person's place of residence, hotel room, or rented lodging.

SECTION D: REQUIREMENTS

1. You are required to remain under isolation at the location and for the period specified in SECTION C.

2. While under isolation, you must take precautions, as directed by healthcare staff and Department of Health personnel, to prevent the possible spread of 2019-nCoV/COVID-19.

3. You must cooperate with the efforts of state or local health authorities to contact other exposed people to prevent the possible spread of 2019-nCoV/COVID-19. This includes providing information regarding people you have had contact with, places you visited or traveled to, and your medical history.

4. Only immediate household members are allowed to be at the place of isolation. No other individuals are allowed at the place of isolation unless approved by the North Dakota Department of Health.

5. You are only authorized to leave isolation for reasons approved by the Department of Health. Prior to leaving isolation for an approved reason, such as a physician appointment, you must coordinate your plan with the state or local health authority.

6. If any immediate household members at the place of isolation, have any symptoms suggestive of 2019-nCoV/COVID-19 you must contact the state or local health department immediately. Symptoms may include fever, cough, shortness of breath, body aches, headache, chills, or sore throat.

7. If any immediate household members at the place of isolation, become ill or are diagnosed with 2019-nCoV/COVID-19, it is necessary for the North Dakota Department of Health to investigate and trace any persons who may have been in contact with you while you were infectious with 2019-nCoV/COVID-19. You are required to cooperate with this investigation and provide complete and true information to the investigator. This includes providing information regarding people you had contact with, places you visited or traveled to, and your medical history.
SECTION E: FAILURE TO ADHERE TO ORDER

Notice is hereby given that a person is guilty of a class B misdemeanor if that person fails to cooperate with this order to isolation. N.D.C.C. § 23-07.6-02(3).

Notice is further given that a person is guilty of an infraction if that person violates or fails to obey any order issued by the State Health Officer. N.D.C.C. § 23-07-21(1).

SECTION F: STATE HEALTH OFFICER EXECUTION

Dated this 6th day of April, 2020.

[Signature]
Mylynn Tuffe, MBA, MSIM, RN
State Health Officer
North Dakota Department of Health