The mission of the Division of Special Health Services (SHS) is to promote a system of care and services that improves the health and well-being of individuals with special health care needs and their families. Cross-cutting implementation strategies at the heart of all SHS programs include:

- Care coordination
- Collaboration
- Data-informed decisions
- Information and education

**PROGRAMS AND SERVICES**

**Coordinated Services Program** - Provides services and resources that support coordinated management of specific chronic health conditions. Services include:

- **Metabolic Food** - Provides formula and low-protein modified food products for individuals with Phenylketonuria (PKU) and Maple Syrup Urine Disease (MSUD).
- **Multidisciplinary Clinics** - Services that provide access to pediatric specialty care and enable families to see many different medical providers and health care professionals in one place at one time. The seven types of clinics available through SHS include:
  - Asthma
  - Autism
  - Cleft Lip/Palate
  - Developmental Evaluation
  - Metabolic Disorders
  - Myelodysplasia
  - Neurodevelopmental Coordinated Care
- **Cardiac Care for Children** - Provides an initial examination by a participating pediatric cardiologist and routine tests for children with cardiac conditions in addition to linkage and referral services.
- **School Nurse Consultation** - Supports school nursing initiatives and promotes the connection between health and academic achievement by ensuring nursing care is safely and effectively delivered to schools, particularly in rural communities.

**Financial Coverage Program** - Helps families pay for medical services for eligible children, youth, and young adults who require specialty care to diagnose and treat their chronic health conditions. Services include:

- **Diagnostic Testing and Evaluation** - Provides coverage for services that promote early
diagnosis of SHS-eligible medical conditions.

- **Treatment** - Provides coverage for services to children with chronic health conditions who meet medical and financial eligibility criteria.
- **Russell Silver Syndrome** - Provides coverage for growth hormone treatment and medical food.

**Newborn Screening and Follow-up Program** - The goal of this program is to identify conditions at an early age when treatment and intervention can prevent health problems, support early development, and save lives. Newborn screening consists of three simple tests:

- **Blood Spot** - Includes laboratory screening tests and follow-up services for nearly 50 genetic/metabolic conditions to identify infants that may be at risk for disorders included in the testing panel.
- **Hearing** - Screening tests using specialized equipment are conducted to identify newborn infants who are deaf or hard of hearing so appropriate intervention services can be started as soon as possible.
- **Critical Congenital Heart Disease** - Screening that checks newborns oxygen levels to help identify serious heart defects.

**Children with Special Health Care Needs System Enhancement Program** - Improves health outcomes of children with special health care needs (CSHCN) by advancing a quality, comprehensive system of care that promotes the healthy development and well-being of children and their families. Six core outcomes that describe the system of services for CSHCN include:

- **Family Professional Partnership**
- **Medical Home**
- **Adequate Health Insurance**
- **Early and Continuous Screening and Surveillance**
- **Easy to Use Services and Supports**
- **Transition to Adult Health Care**

**Division of Special Health Services**

North Dakota Department of Health
600 E. Boulevard Avenue, Dept. 301
Bismarck, ND 58505-0200
Phone: 701-328-2436  ND Relay TTY: 800-366-6888
Toll-free: 1-800-755-2714  Fax: 701-328-1645
Website: [https://www.health.nd.gov/](https://www.health.nd.gov/) and [https://nbs.health.nd.gov/](https://nbs.health.nd.gov/)
Email: dohcshsadm@nd.gov and nbs@nd.gov