



# CRIBS FOR KIDS PROGRAM EDUCATION AND SCREENING

NORTH DAKOTA DEPARTMENT OF HEALTH  
FAMILY HEALTH  
SFN 59323 (10-2015)

Distribution Site	Date
Infant Name	Infant Date of Birth/Due Date
Parent/Guardian Name	Parent/Guardian Date of Birth

## Safe Sleep Education Checklist

<input type="checkbox"/> Safe sleep video viewed.
<input type="checkbox"/> Demonstrate how to place babies in cribs on their backs with reinforcement of what sleep-related deaths (such as SIDS) are and an emphasis on the higher risk when baby is sleeping on tummy or side.
<input type="checkbox"/> No pillows, toys, stuffed animals, crib bumpers, blankets or other soft items in crib.
<input type="checkbox"/> Use a firm mattress and a tightly-fitted sheet in the crib.
<input type="checkbox"/> The use of blankets is not recommended. Sleep sacks are a safe alternative. Do not allow baby to overheat.
<input type="checkbox"/> Don't put baby to sleep on sofas, recliners, waterbeds, bean bags, air mattresses, fluffy bedding or adult beds.
<input type="checkbox"/> Car seats, swings, infant seats and similar devices are not safe sleeping environments.
<input type="checkbox"/> An adult bed is dangerous. The baby could roll off, become trapped or suffocate in the bedding, and/or another child or adult could roll on top and suffocate the baby.
<input type="checkbox"/> Do not smoke around the baby or in the baby's environment.
<input type="checkbox"/> Consider offering baby a pacifier when placing baby down to sleep
<input type="checkbox"/> Place crib away from windows to keep baby from getting tangled in the blinds or curtain cords.
<input type="checkbox"/> Discuss safe sleep practices with all child-care providers and family members.
Educational Materials Provided
<input type="checkbox"/> Safe Sleep for your Baby (NICHD brochure) <input type="checkbox"/> Safe Sleep for Babies (ND brochure)
<input type="checkbox"/> Other (specify): _____

## Screening Guidelines for Cribs for Kids® Kit

<b>Do you have a safe crib for your baby?</b> Cribs should <b>NOT</b> have the following: corner posts that baby's clothing can catch on, slots wider than 2 3/8 in. (about the width of a soda can) cutouts on head or footboard, drop sides, broken or missing parts, or a mattress that fits loosely in the crib.	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Do all of your baby's planned caregivers have safe cribs?</b> Such as child-care providers, grandparents, friends, etc.	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Cribs for Kids® kit provided to client?</b> If NO give reason:	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Instructional video showing crib set-up viewed by client.</b> Required if given crib.	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Re-demonstration of crib set-up completed correctly.</b> Required if given crib.	<input type="checkbox"/> Yes <input type="checkbox"/> No

Client Signature
Staff Signature

Return completed form to:



North Dakota Department of Health  
Cribs for Kids Program  
600 E. Boulevard Ave., Dept. 301  
Bismarck, ND 58505-0200