

Title V/Maternal and Child Health Success Story: October 1, 2018 – September 30, 2019

**MCH Grantee (check box):**

- Bismarck-Burleigh Public Health
- Fargo Cass Public Health
- Grand Forks Public Health Department
- North Dakota State University
- South East Education Cooperative

**North Dakota Maternal and Child Health Priority Area (check box):**

- Increase the rate of breastfeeding at 6 months
- Reduce overweight and obesity in children

**In a sentence or two, describe the problem you were trying to solve or the reason why your intervention is needed.**

In 2017-2018 the North Dakota Department of Public Instruction went through the process of updating the Health Education Content Standards. Once adopted in 2018 there was a need to bring additional awareness to the updated Standards and increase the use of best instructional practices in the classroom through implementation of prioritized standards and proficiency scales.

**In a brief paragraph, please share what you implemented and how it made a difference.**

This project aimed to operationalize the new North Dakota Health Education Content Standards by engaging practitioners in collaborative study of prioritizing updated standards and creating proficiency scales for the purpose of improving core instruction.

An application to participate in the prioritization and scale development was developed and distributed statewide. Participant selection was based upon need including but not limited to content area, grade level, geographic location and school size. This assembled group of educators worked collaboratively to review the 2018 Standards to create one state set of prioritized standards per grade band. Horizontal and vertical alignment of prioritized standards were factored into the work plan. Upon completion of the prioritized standards, this group created a set of proficiency scales per grade band. Each scale addressed a progression of learning for a specific learning target aligned with a prioritized standard and clarified foundational knowledge/skills, essential vocabulary, the proficiency expectation, enrichment opportunities and sample activities. After completion of the standards prioritization and proficiency scales creation, project leaders moved forward with starting to promote the Priority Standards and Proficiency Scales through development of an online course that any interested educators could participate in for the purpose of learning about the deliverables and possible classroom uses.

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**Are there any specific NUMBERS or OUTCOMES you can share as a result of your work?**

There were a total of 17 people who were part of this work group. Evaluation results indicated:

- 100% of respondents felt that the content of the online learning modules was either “very relevant” (75.0%) or “relevant” (25.0%) to them in their position/role
- 100% felt that the content of the session was either “very relevant” (89.6%) or “relevant” (10.4%) to them in their position/role.
- 100% reported that what they learned would have at least a “moderate” impact on those they serve, with 95.8% reporting it would have a “substantial” impact.

**Were there any “AHA” or “lightbulb” moments you can share?**

There are a handful of districts/regions that have done similar prioritization and proficiency scale work at the local level in different content areas so it will be good to include the Health Education Content Standards, and utilize a similar process as what was used with ELA and Math. One AHA moment is that this process might also be useful to repeat with the Physical Education Content Standards. The more consistent process that can be taken across the different content areas the more familiar ND Educators will become with the process and the deliverables created from the process.

**Are there any “quotes” from anyone benefitting from this that you can share?**

- Seriously glad I am able to be here very valuable thanks!
- I enjoy the process. It's very helpful to have help on site to answer questions and provide encouragement.
- Rhonda & Melissa are awesome. Thanks for the guidance and to Lyndsi and Keely for making this happen for our state.
- I appreciate the learning beforehand. It makes the productivity of the day so much higher when everyone coming in with the same base learning.
- The learning modules provide a good overview of what we are doing. It's helpful to know ahead of time.
- Loved the Marzano Research video! So helpful...I already talked to my principal about sharing this with staff!
- I am loving this learning! Thanks You!
- Very easy process with great leaders.

**Is there anything else you want to share?**