

Title V / Maternal and Child Health Impact Story: October 1, 2017 – September 30, 2018

**MCH Grantee (check box):**

- Bismarck-Burleigh Public Health
- Fargo Cass Public Health
- Grand Forks Public Health Department
- North Dakota State University
- South East Education Cooperative

**North Dakota Maternal and Child Health Priority Area (check box):**

- Increase the rate of breastfeeding at 6 months
- Reduce overweight and obesity in children

**In a sentence or two, describe the problem you were trying to solve or the reason why your intervention is needed.**

Increase students' access to and availability of fresh fruits and vegetables, and scratch cooking in the lunchroom.

**In a brief paragraph, please share what you implemented and how it made a difference.**

Starting in 2017 SEEC along with MDEC saw a need to increase the capacity of School Nutrition Professionals on Smarter Lunchroom Principles. There was already training occurring across our regions to increase scratch cooking in school lunchrooms, but wanting to tie together the trainings together to even more greatly increase the number of healthy offerings at lunch and breakfast. The second round of "Ready for August in May" training was held in May of this year. During this training a total of 35 school Food Service Professionals from 14 different school buildings. Each of these school buildings built an action/implementation plan that outlined at least 3 priority areas in which Food Service Professionals intend on implementing back in their buildings when the 2018-19 school year began. Each school received a kit of supplies that would help them implement their priority areas.

**Are there any specific NUMBERS or OUTCOMES you can share as a result of your work?**

14 school buildings implementing at least 3 changes so at a minimum there will be 42 Smarter Lunchroom Strategies implemented in the 2018-19 school year.

**Were there any "AHA" or "lightbulb" moments you can share?**

Providing dedicated professional development is something that this group appreciated. Being able to take information from the 2 day Smarter Lunchroom Technical Assistance Training and modify it to better fit this audience was a great addition to our Food Service training options.

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**Are there any “quotes” from anyone benefitting from this that you can share?**

The evaluation report included feedback including the following:

- Hearing from other schools
- Listening to other schools ideas
- Brainstorming
- Looking at different lunchrooms I have a lot to work on - in a positive way I have a stronger understanding
- Networking Brainstorming Discussion with other schools

**Is there anything else you want to share?**

I have a number of pictures from the lunchrooms who received the Smarter Lunchroom materials to help implement their action/implementation plan.