

North Dakota Department of Health

LONG TERM CARE ADVISORY
COMMITTEE MEETING MINUTES

March 8, 2018
10:00 a.m. – 12:00 p.m.

Committee Members Present:

Darleen Bartz, Chief, Health Resources Section, ND Department of Health
Shelly Peterson, Executive Director, ND Long Term Care Association
Rocksanne Peterson, Recorder, Division of Health Facilities, ND Department of Health
Karla Backman, State LTC Ombudsman, ND Department of Human Services
Monte Engel, Division of Life Safety & Construction, ND Department of Health
Michelle Lauckner, Quality Health Associates
Peggy Krikava, Education Director, ND Long Term Care Association
Craig Christianson, Chairman of the NDLTC Association, Sheyenne Care Center, Valley City
Jamie Steig, Quality Health Associates
Representative Gary Kreidt, ND House of Representatives (New Salem)
LeeAnn Thiel, Administrator, Division of Medical Services, DHS
Bruce Pritschet, Director, Division of Health Facilities, ND Department of Health
Scott Foss, Board of Examiners for Nursing Home Administrators
Joan Ehrhardt, Consumer Representative
Dr. Bruce Hetland, Bismarck Medical Director, Nursing Home Medical Directors Association

Committee Members Absent:

Carole Watrel, AARP
Lucille Rostad, Program Manager, Division of Health Facilities, ND Department of Health

Welcome

A meeting of the Long Term Care Advisory Committee was called to order at 10:05 a.m. on March 8, 2018. The meeting was held in AV 212 at the State Capitol.

Public Comment

No comments.

Approval of Minutes

The minutes from the November 21, 2017 Long Term Care Advisory Committee meeting were distributed and reviewed. There should be a change in the minutes under the Long Term Care Association update regarding the dollar amount of the short fall is should read \$700 million instead of \$7 million. Karla Backman made the motion to approve the minutes with the dollar amount change; Bruce Hetland seconded the motion. Motion carried.

Standing Reports & Legislative Update

Legislative Update: Representative Gary Kreidt.

- Representative Gary Kreidt reported things are looking better than previously reported. Oil production is increasing. If there is an increase in funding there may be some dollars to

allocate for Long-Term Care. He feels if they move to managed care, nursing homes would be exempt.

- Representative Kreidt reported he would be running for re-election.
- Shelly asked about tapping into the Legacy fund. Rep. Kreidt said he didn't want to get into it, but feels there would be a good chunk to loan out. His vision is not to use the principle of the fund for at least five years. He would like to see the earnings used for education.
- He inquired on the progress of the Division of Medical Marijuana. Darleen gave an update on the rules, laboratories, review panel for applications, and so forth. He also inquired as to what would happen if the recreational bill were to pass. Darleen indicated that as far as moving forward with the Medical Marijuana it probably wouldn't make a difference.

North Dakota Long Term Care Association: Shelly Peterson.

- Shelly Peterson gave an update on number of assisted living and basic care facilities; as well as their occupancy rates. She also gave an update on the Five-Star rating, Survey, Quality Initiative, Post-Acute, and Staffing statistics for Long-Term Care facilities.
- Darleen shared the data from the most recent Health Facilities Basic Care Occupancy Survey done for the year ending January 31, 2018. (Hand-outs available). The group discussed the decreasing need for basic care beds.
- Shelly talked about nursing facility staffing and contract staffing. While the cost of contract nursing has decreased some the use of contract staff remains high. One of the reasons for getting contract staffing is because there is no one else who will apply for the job. There is greater turnover in the larger city and less in the rural areas.
- Four people were chosen for the Care Giver Award; they will be presented at the convention in May.
- Bridging the Dental Gap is having financial issues and are pulling out of the Long-Term Care Facilities in the Bismarck-Mandan area. It is not known if this change is permanent or just until they get funding. They are considering if a hygienist can go into a facility to clean and examine the resident's teeth. Michelle state she thought there was a person who may have done the research on this. Shelly will talk to the Dental Association about.
- Shelly talked about studying the nursing payment system and working with the Governor on the nursing shortage.
- The Long-Term Care Association's Convention is May 1-4, 2018.

Quality Health Associate of North Dakota: Michelle Lauckner/Jayme Steig.

- Michelle Lauckner reported on the Nursing Home Quality Care Collaborative, stating that 74 of 80 nursing facilities are signed up. She reported there are three one-star facilities in the state and one special focus facility she is working with. The average composite score is 7.5, 22 facilities have reached the goal, we need 27.
- Michelle reported there has been a 13% reduction in the use of antipsychotic medication in the Nursing Facilities in North Dakota.
- Michelle reported 14 facilities she is currently working with submit their infection information to CDC NHSN. Quality Health Associates has an infection tracking tool; approximately 40 nursing facilities are using it. Darleen asked Michelle to send her the information that she would like to see included on the NHSN. Darleen will present the information to the necessary people in the next couple weeks.
- The Alzheimer's Association has done 583 consultations in the last year.
- Jayme Steig spoke about the increase in hospital readmission rates. They are looking at identifying ways of reversing the rates.

State Ombudsman: Karla Backman.

- Karla Backman reported they continue to be busy and saw a brief increase of transfers to the state hospital.
- She stated they recently sent out regulations regarding family visits and residents rights during flu season.
- She also stated they continue with volunteer recruitment in skilled nursing facilities.

Division of Health Facilities: Bruce Pritschet

- Bruce Pritschet reported on the average number of deficiencies per survey is 4.89. This is slightly above the national average. The top citation in the North Dakota is F0657; F0441(F0880) is the top citation for the Region and F0323 (F0689) for the Nation.
- Darleen stated one facility asked if everyone in their facility can have a concealed weapons, and has submitted the question to CMS.

Division of Life Safety & Construction: Monte Engel.

- Monte Engel reported on the average number of deficiencies LSC survey is 3.80. The top citation in the nation and the region is K0353; K0351 was the top citation for North Dakota.

Old Business:

Update on Optional Alzheimer's, Dementia, Special Memory Care or Traumatic Brain Injury Facility or Unit Services Rules – Darleen Bartz:

- The rules Optional Alzheimer's, Dementia, Special Memory Care or Traumatic Brain Injury Facility or Unit Services were effective January 1, 2018. To date, 14 facilities have applied and been approved to provide these specialized services.

Update on Infection Control Training with CMP Funds – Darleen Bartz:

- Darleen reported that we have heard back from the presenters on the certificates for the October 26-27, 2017, Infection Control Training. The certificate and a memo was sent to the attendees. They will need to keep the information as directed in the memo.

Next Meeting

- Date and Time: July 12, 2018

Future Agenda Items:

- LTC Survey Process.
- Gero-Psych (Rosalee & Pam)

Meeting adjourned 12:15 pm.