

North Dakota Department of Health

LONG TERM CARE ADVISORY
COMMITTEE MEETING MINUTES

December 3, 2013
10:00 a.m. – 3:00 p.m.

Committee Members Present:

Gregory Salwei, Chairman of the NDLTC Association, CEO Wishek Living Center
Shelly Peterson, Executive Director, ND Long Term Care Association
Darleen Bartz, Chief, Health Resources Section, ND Department of Health
Lucille Rostad, Program Manager, Division of Health Facilities, ND Department of Health
Michelle Lauckner, North Dakota Health Care Review, Inc.
Karen Tescher, Assistant Director, LTC Continuum, DHS
Rocksanne Peterson, Recorder, Division of Health Facilities, ND Department of Health
Randal Albrecht, Chair, ND Board of Examiners for Nursing Home Administrators
Bev Herman, Education Director, ND Long Term Care Association
Joan Ehrhardt, State LTC Ombudsman, ND Department of Human Services
Dr. Bruce Hetland, Bismarck Medical Director, Nursing Home Medical Directors Association

Also Present:

Judy Beck, North Dakota Health Care Review, Inc.

Committee Members Absent:

Arvy Smith, Deputy State Health Officer, ND Department of Health
Bruce Pritschet, Director, Division of Health Facilities, ND Department of Health
Dave Remillard, Public Member, Minot
Carole Watrel, AARP
Barb Groutt, North Dakota Health Care Review, Inc.
Monte Engel, Division of Life Safety & Construction, ND Department of Health
Representative Gary Kreidt, ND House of Representatives (New Salem)

Welcome

A meeting of the Long Term Care Advisory Committee was called to order at 10:10 a.m. on December 3, 2013. The meeting was held in the AV 210 Conference Room at the State Capitol. Darleen Bartz welcomed everyone to the meeting and introductions followed.

Public Comment

No comments.

Approval of Minutes

The minutes from the September 20, 2013 Long Term Care Advisory Committee meeting were distributed and reviewed. Michelle Lauckner had two changes to the minutes. Shelly Peterson and Bev Herman also had some changes. Joan Ehrhardt made the motion to approve the minutes with corrections; Bev Herman seconded the motion. Motion carried.

Standing Reports & Legislative Update

Legislative Update: Representative Gary Kreidt.

- No report available as Representative Kreidt was unable to attend.

North Dakota Long Term Care Association: Shelly Peterson reported.

- Shelly gave an update regarding the LTCA conference to be held in Fargo, North Dakota on December 10-13, 2013. Approximately 400 people have registered for the conference.
- The association is beginning to plan for the 2015 legislative session. One of the issues that they will be looking at is the bad debt and what is going on in oil country. Seventeen skilled nursing facilities, ten basic care facilities and some ICF/IID facilities will be receiving grants. The amount of money they will receive depends on the number of FTE's they have. Other issues are admissions and discharges.
- The gero-psych unit in Ellendale started taking admissions in September 2013. Alex Schweitzer has implemented a crisis team and an interim study has been put together for behavioral health issues.
- Ron Orth will be doing a two day MDS training in January and a three day Medicare conference in February.
- Cat Selman will be doing a webinar series on Responding to Challenging Behavior in February.
- The association has started to work on their 2014 spring conference.

North Dakota Healthcare Review, Inc (NDHCRI): Michelle Lauckner reported.

- Michelle gave an update on falls and pressure ulcers in nursing facilities. Sheyenne Crossings continues to make progress on phase 2.
- Michelle reviewed the National and Improvement Trends calculated from the QM data from the QIES workbench for rolling 6-month time periods.
- Michelle gave an update on the North Dakota Partnership to Improve Dementia Care in Nursing Homes. There are still some nursing facilities that are struggling with the use of antipsychotic medication. North Dakota's level of improvement is at 13.1% and the national level is 11.3%. The state average for use of antipsychotic medication is 18%.
- Judy Beck gave an update on Care Transitions. Sally May provided interactive training in Hettinger, North Dakota. The goal was to reduce hospital readmissions. She felt it was very successful. She also talked about advanced care planning.
- Judy also gave an update on providing education on falls and medication management in assisted living facilities. They will also be discussing end of life.
- In the future QIO will have a five year duration for projects with CMS. This will be the 11th Scope of Work. The content of the work has not been determined yet.

Board of Examiners for Nursing Home Administrators: Bev Herman reported.

- Bev gave an update from the National Board of Examiners. There was a discussion regarding the credentialing of administrators and the possibility of changing what the administrators are called. Many do not want to be called administrators.
- Bev also talked about individuals who are not licensed to practice and about Tim Tate with the Florida Department of Health speaking on the subject. It was suggested having Tim conference in to a meeting for a presentation. Bev will send Darleen his information.

- License renewals for administrators have been sent out. The emergency licensing process can be a struggle at times.

State Ombudsman: Joan Ehrhardt reported.

- Joan reported that they are in the process of gathering data for their yearly report. Shelly asked Joan to share the report with the committee at the next meeting. The report goes to the National Ombudsman.
- Two part-time ombudsmen have been trained and assigned to facilities. The list has been sent to the facilities that are affected by the change. Once the list has been finalized Joan will send a copy to Shelly for distribution.
- It is hard to find facilities that are providing bariatric care. Health Facilities is in the process of identifying bariatric beds on the licensing application and updating their database to include it. Once it has been updated Health Facilities will provide a report at the next meeting. Shelly spoke about Long Term Care Associations process in placing a bariatric patient. Karen also spoke about Medical Services process.
- Joan spoke about hospital discharges to basic care facilities. Many times the resident needs more care than the basic care facility can give. Often the resident needs assistance however is to independent for a skilled nursing facility. These issues are becoming more and more common. The ombudsmen are seeing basic care and assisted living facilities either discharging residents too soon or hanging on to the resident when their care or needs go beyond what the basic care or assisted living facility can give.
- There was also a discussion about some of the issues, i.e. medication assistants passing medications, in assisted living facilities. If someone is interested in building an assisted living facility they should contact Karen Tescher, Medical Services or Kenan Bullinger, Food & Lodging. DHS is having a meeting in regards to assisted living facilities. Karen will provide a report at our next meeting.

Department of Human Services, Medical Services: Karen Tescher reported.

- Karen gave an update on the MMIS system, Medicaid expansion and QSP reimbursement and training. Medical Services has done 172 transitions.

Nursing Home Medical Directors Association: Dr. Bruce Hetland reported.

- Dr. Hetland reported he didn't think the organization was going to continue much longer. Jon Berg and Dr. Hetland have tried everything to keep the organization going but there just hasn't been enough interest. Shelly stated that the administrators of the nursing facilities are just as frustrated with their medical directors not getting involved. They are also frustrated with the lack of psychiatry services.

Division of Health Facilities: Lucille Rostad reported.

- Lucille reported that North Dakota had three double G citations.
- North Dakota has a mean of 35.0 days to upload data. There was one outlier that exceeded 70 days, North Dakota Veterans Home, Lisbon, North Dakota.
- The average number of deficiencies for North Dakota is 4.12, the region is 4.53 and the nation is 1.8.
- The most cited deficiency in the nation and North Dakota is F0323.

Division of Life Safety & Construction: Lucille Rostad reported.

- Lucille gave an update on the most cited deficiencies in the nation, region and state.
- Average number of deficiencies in the region 6.12, North Dakota has 1.64 deficiencies.
- K0062 is the most cited deficiency.
- The Baptist Home will be moving into their new facility shortly.

Old Business

New Business

North Dakota LTCA Regional Meeting Update: Darleen Bartz/Lucille Rostad/Shelly Peterson

- Darleen reviewed the procedures related to medication repackaging for residents/patients going on pass from long term care, basic care and assisted living facilities. It was felt that this is a step in the right direction. In the past only a pharmacist was able to repackage the medications and label it.
- Darleen reviewed the information that had been presented at the Long Term Care regional meetings. The feedback from the presentations was very good and beneficial. The Department of Health will continue to attend the meetings periodically.
- There was a discussion in regards to reporting medication errors. Medication errors should be reported to the appropriate regulatory authority and possibly the police.

Antipsychotic Medications and Use in Skilled Nursing Facilities: Jayme Steig, PharmD, NDHCRI

- Jayme spoke about antipsychotic medication use in skilled nursing facilities.
- Problems surrounding antipsychotic medications include: excessive dosing, excessive duration, without adequate indication, without adequate monitoring, in the presence of adverse effects that indicated a dose reduction or discontinuation.
- MDS measures are used in the National Partnership to Improve Dementia Care in Nursing Homes.
- NDHCRI will be launching a nursing home antipsychotic focus group. Facilities that are successful at reducing antipsychotic medications will be involved in the focus group.
- Zyprexa is the most used Antipsychotic medication.
- The antipsychotic composite citation rate increased with the new surveyor guideline came out in June 2013.

Hepatitis C Update in Ward County: Kirby Kruger, Division of Disease Control, North Dakota Department of Health

- Kirby Kruger gave an update on the Hepatitis C outbreak in Ward County. The first couple of cases were reported in February 2013.
- Hepatitis C is not spread easily from person to person and is not spread through the air when a person coughs or sneezes. It is primarily spread through direct exposure to blood or blood products from and infected person.
- The total number of cases linked to the outbreak was 44.
- All of the cases involved current or former residents of Manor Care Health Services in Minot.

- A chart review was done to identify what the residents had in common. The outbreak may have been associated with podiatry and blood draw services through Trinity Health and nail care services by Manor Care.
- The investigation is ongoing. Disease Control will continue to monitor the facility to see if there are any new cases.

Discussion/Other:

Lucille Rostad handed out the S & C documents as follows:

- S&C: 14-01-NH: Reminder: Cardiopulmonary Resuscitation (CPR) in Nursing Homes.

Next Meeting

- Date and Time:
 - March 4, 2014, 10:00 a.m. – 3:00 p.m., Room 210, State Capitol
- Potential Agenda Items:
 - Use of Unlicensed Staff – Tim Tate
 - Assisted Living Workgroup Update – Karen Tescher
 - Long Term Care Study – LeeAnn Thiel
 - Annual National Ombudsman Report – Joan Ehrhardt

Meeting adjourned at 2:00 p.m.