

LODGING ESTABLISHMENTS

FOOD & LODGING | 600 East Boulevard Ave, Dept. 301 | Bismarck, ND 58505-0200 | health.nd.gov | 701-328-1291

INTERIM GUIDANCE FOR PROVIDING ISOLATION AND QUARANTINE HOUSING

There may be situations where lodging establishments are needed to provide housing for people who have been instructed to isolate after diagnosis with novel coronavirus disease (COVID-19), who have been required to quarantine after exposure to a person diagnosed with COVID-19 or who are symptomatic of a disease compatible with COVID-19.

- Isolation is for individuals who have been diagnosed with COVID-19 or who have been tested for and are awaiting results for COVID-19.
- Quarantine is a period of up to 14 days to observe an individual to ensure they do not develop symptoms after exposure to COVID-19.

The virus is thought to spread mainly from [person-to-person](#) through respiratory droplets when an infected person coughs, sneezes, or talks. Maintaining good social distance (about 6 feet) is very important in preventing the spread. Preventing transmission of respiratory pathogens in lodging establishments requires cleaning and disinfection procedures, separation of sleeping quarters and bathroom facilities, and avoiding congregate and shared spaces in the hotel.

Develop Policies for Worker Protection and Educate Employees

- Develop [policies for worker protection](#) and provide training to all staff before beginning work. Policies and training should include:
 - [When and How to Wash Your Hands](#)
 - [How to Protect Yourself & Others](#)
 - [Cleaning and Disinfecting Your Facility](#)
 - Cleaning chemicals and the hazards. **Follow the manufacturer's instructions for application and proper ventilation.**
 - An understanding of when to use personal protective equipment (PPE) and why it is necessary.
 - How to properly don (put on) and doff (take off) PPE.
 - How to properly dispose of PPE.
 - [Symptoms](#) of COVID-19 and instructions on how to report to management if they develop symptoms and what to do if they are feeling sick.
- Maintain records that will help you trace who has been in contact with any infected individuals that have been to your property. Implement a record-keeping process to maintain records of guest and staff movement.
- Provide written information for guests so they know what to expect during their stay.

LODGING ESTABLISHMENTS

FOOD & LODGING | 600 East Boulevard Ave, Dept. 301 | Bismarck, ND 58505-0200 | health.nd.gov | 701-328-1291

Promote Good Hygiene

- Ensure employees know how to practice hand hygiene and have the opportunity and time to do so.
- Employees should wash hands often with the [proper technique](#) using soap and warm water for at least 20 seconds immediately after removing PPE, after going to the bathroom, before eating, after blowing noses, coughing/sneezing, or any other activity which could have contaminated hands.
- If soap and water are not readily available, an alcohol-based hand sanitizer with at least 60% alcohol may be used. Always wash hands with soap and water if hands are visibly dirty.
- Promote handwashing by posting signs reminding employees and guests to do so.
- Place alcohol-based hand sanitizer in easily accessible areas for employees and guests.
- Make sure that all sinks are equipped with soap and paper towels and adequate tissues are available.

Guest Policies During Period of Quarantine or Isolation

- Guests in quarantine or isolation should stay in their room and delivery services for needs should be coordinated to avoid person-to-person contact. Restrict guests from using communal space and equipment, including ice machines, communal bathrooms, and lobbies.
- Food and any other supplies should be provided in single-service packages with single-service utensils as much as possible and food or items being delivered to guests should be left at the door with notification to the guest that items have been left to minimize interaction between guests and staff.
- All reusable glassware, plates, utensils should be removed from the room, if possible, before the guest entering the room, to minimize the items requiring disinfection once the room is vacated.
- Cleaning staff should not enter guest rooms when occupied during the quarantine or isolation period. Individual cleaning supplies and garbage bags for each room should be provided so that the guests can clean rooms themselves as necessary.
- Trash and soiled linens should be bagged by the guest and placed outside the room door for pickup by cleaning staff. Cleaning staff should follow the cleaning and PPE guidance for picking up and handling these items.
- Written guidance for guests that explains these procedures is recommended.

LODGING ESTABLISHMENTS

Staff Guidance for Cleaning and Personal Protective Equipment Use

- Cleaning staff should wear disposable gloves and gowns for all tasks in the cleaning process, including handling trash.
- Gowns and gloves should be compatible with the cleaning and disinfection products being used. Additional PPE may be required based upon the type of products being used.
- Gloves and gowns should be removed carefully to avoid contamination of the wearer and the surrounding area. Immediately after removing gloves/gown, wash hands with soap and water for at least 20 seconds following the [CDC guidance](#).
- Change gloves when moving between rooms and/or in between tasks, making sure to immediately wash hands each time.
- [Clean and disinfect all surfaces](#) that are exposed to items removed from the room such as laundry carts or counters where soiled linen is stored. Follow all product manufacturer's instructions to ensure adequate contact times for disinfection.
- Cleaning staff should immediately report breaches in PPE such as a tear in gloves or any other potential exposures to their supervisor.
- Rooms that have been vacated should be left closed until proper cleaning and disinfection procedures can be completed.
- If possible, rooms vacated by positive COVID-19 guests should be left closed for at least 24 hours prior to staff entering.
- Follow the CDC recommended [cleaning and disinfection steps](#). Most common [EPA registered](#) household disinfectants should be effective. Use disinfectants appropriate for the surface. All frequently touched surfaces in the room including door handles, light switches, remotes, faucets, railings, and bathrooms should be given particular attention for cleaning and disinfection.

Additional Resources

- [North Dakota Department of Health \(NDDoH\) Coronavirus Resources](#)
 - [North Dakota Division of Food and Lodging Coronavirus Information](#)
- [Centers for Disease Control and Prevention \(CDC\) Coronavirus Disease 2019 \(COVID-19\)](#)
 - [CDC Guidance for Cleaning and Disinfection After Persons Suspected/Confirmed to Have COVID-19 Have Been in the Facility](#)
- [Occupational Safety and Health Act Guidance for Preparing Workplaces for COVID-19](#)

For questions regarding COVID-19, contact the NDDoH hotline at 1-866-207-2880 which is available daily from 7 a.m. to 8 p.m. (CST).