Health Advisory

Interim Guidance of Health Care Personnel Potentially Exposed to 2019-nCoV

The North Dakota Department of Health is providing this update from the Centers for Disease Control and Prevention (CDC) regarding the management of health care personnel who may have been exposed to the novel coronavirus, 2019-nCoV. Key items include:

- Definitions
  - Close contact
  - Active monitoring
  - Self-monitoring
  - Self-monitoring with delegated supervision
  - Health care personnel
- Guidance for classifying exposures and risk assessment
  - High risk
  - Medium risk
  - Low risk
  - No known risk
- Guidance for exclusion
  - For all high and medium risk exposures
- Guidance for monitoring
  - Active monitoring
  - Self-monitoring with delegated supervision
- Guidance for health care personnel with travel-related risks

Complete guidance can be found at the CDC website at [www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html](http://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html). The attached table summarizes the risk assessment, monitoring and exclusion recommendations. Health care facilities should report personnel who meet the criteria for high and medium risk exposure to the North Dakota Department of Health. Health care personnel with low risk exposures should have monitoring coordinated by the employer and if they develop symptoms should also be reported. Reports should be immediate and can be made by calling 701-328-2378 or 1-800-472-2180.

Categories of Health Alert Network messages:

<table>
<thead>
<tr>
<th>Health Alert</th>
<th>Requires immediate action or attention; highest level of importance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Advisory</td>
<td>May not require immediate action; provides important information for a specific incident or situation</td>
</tr>
<tr>
<td>Health Update</td>
<td>Unlikely to require immediate action; provides updated information regarding an incident or situation</td>
</tr>
<tr>
<td>HAN Info Service</td>
<td>Does not require immediate action; provides general public health information</td>
</tr>
</tbody>
</table>