North Dakota Department of Health Celebrates Public Health Week by Recognizing State Health Improvement Goals to Make a Healthier North Dakota by 2030

BISMARCK, N.D. – April 3-9, 2017, is Public Health Week in North Dakota which recognizes how the North Dakota Department of Health (NDDoH) and local public health units, along with worksites, coalitions, universities and other organizations, are working to protect and promote the health of all North Dakotans. The national Public Health Week theme is “Healthiest Nation in One Generation—2030.”

Public Health is working to ensure everyone has a chance at a long and healthy life by tackling the underlying causes of poor health and disease risk. Those causes are rooted in how and where we live, learn, work and play. Healthy North Dakota coalition members are rallying around the state health improvement goals, which identify worksites as the venue to reach a large number of North Dakota residents. To improve the health of North Dakotans, employees are invited to complete a health risk assessment and participate in wellness activities; employers are encouraged to offer tobacco cessation opportunities, diabetes prevention education, and cancer prevention screenings. View the State Health Improvement Implementation Plan online at https://www.ndhealth.gov/phsp/documents/SHIP_ImplementationPlan.pdf?v=3.

“Research has shown us that worksite wellness initiatives support improved productivity and safety, decreased healthcare costs and overall healthier lifestyles,” said Mylynn Tufte, North Dakota State Health Officer.

Public Health supports the need for a secure infrastructure to provide more efficient and effective public health services and programs to assure a Healthier North Dakota by 2030. Public health practitioners strive for continuous and advanced education to successfully respond to the dynamic community health needs and pursue the option for expanded access to quality preventive care for their community members.

For more information about Public Health Week, contact Alysia Huck, NDDoH Public Information Director, at 701.328.4596

– 30 –

Please note: To access archived news releases and other information, visit the North Dakota Department of Health Press Room at https://health.nd.gov/news-media/news-releases. Find us on Facebook at www.facebook.com/ndhealth or Twitter at twitter.com/nddoh.